

***CENTRE OF MOVEMENT 2018/2019
SCHEDULE***



207 209-0758

www.cmdans.org

LIMINGTON SCHEDULE: 60 Ossipee Trail (Route 25)

TUESDAYS:

1:00 pm Ballroom/Swing
4:00 pm Ballet II / III
5:00 pm Jazz
6:00 pm Cont./Lyrical
7:00 pm Salsa Dancing (MARCH 12th - APRIL 6th)

THURSDAYS:

10:30 am Adult Ballet
3:00 pm TBA
4:00 pm THEATER (ACTING Ages 8 - 14 APRIL & MAY)
5:00 pm Intro Dance
6:00 pm Jazz/Tap
7:00 pm Ballroom & Swing Dance



SATURDAYS:

8:45 am Ballet I / II
9:45 am Intro Dance
10:30 pm Gymnastics
11:30 pm HIP HOP
12:30 pm Jazz
2:00 pm Showbiz Kids and Competition
3:00 pm Musical Theater (APR 20TH THRU JUNE 5TH)

**Carrie's "INTENSIVE EXERCISE" Classes: Limington C M
Mondays 6:00 pm to 7:00 pm & Wednesdays 5:00 pm to 6:00 pm
Drop in fee or pay by 4 week session FMI 207 423-7703**



Class Schedule 2018 - Centre of Movement

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GORHAM SCHEDULE: 1 Church Street

MONDAYS:

3:00 pm TBA

4:00 pm TAP / BALLET COMBO I / II

5:00 pm JAZZ / GYM COMBO

6:00 pm TAP III / IV

7:00 pm TAP ADVANCED & HAPPY HOOFERS

TUESDAYS:

10:00 am SPECIAL NEEDS LINE DANCE

WEDNESDAYS:

9:00 am INTRO / DANCE

10:00 am SPECIAL NEEDS DANCE & FITNESS

3:00 pm CONT. / LYRICAL

4:00 pm BALLET

5:00 pm INTRO/DANCE

6:00 pm TAP

7:00 pm BALLROOM / SWING DANCE



We schedule additional Daytime classes for Homeschool groups, Adults or Special needs classes upon request.

*Private lessons are also scheduled on an individual basis.
FMI Call Vicky at 207 209-0758*